



News and Resource Update May 2016: Your guide to what's happening around the world

We want to hear about what you and your related organisations are doing and the information you are producing. You can send your information and news to any member of the executive board for inclusion in the 'Update' each month – [view their contacts details](#)

Keep right up to date with our news

We have set up social media accounts to share all our latest news with you:



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IAPESGW 18th World Congress - *Women and Girls in Sport: Research to Action* Barry University, Florida, USA 17 – 21 May 2017

Themes:

- Pedagogy of Physical Education, Sport, and Dance
- Lifelong Physical Activity for All
- Global to Local Initiatives and Assessment
- Sport Sciences

There is a website for our event being hosted by Barry University at:

www.barry.edu/iapesgw

PLEASE visit the website over the next few weeks as information starts to be released for the 18th Congress next year.

Joining IAPESGW – Special membership offer extended

We are pleased to advise colleagues of the special rate of \$50 Canadian for a membership covering 2016 to 31 March 2017 – please encourage your contacts to take up this offer.

[Visit 'Joining IAPESGW' to take advantage of the offer](#)

International

A request for support from a colleague...

Dear friends,

I am developing a book project to be published by an International publisher addressing LGBTQI's sport involvement in Latin American societies. The book has a multidisciplinary approach from historical to biomedical trends including psychological, sociological, philosophical aspects of Latino cultures.

This project provides a comprehensive overview of the “**the state of LGBTQI in Latin American sports,**” by including both current events and qualitative and quantitative research. The volume also utilizes a sociological approach to discussing LGBTQI in sports by questioning dominant ideology surrounding biological notions of athletic inferiority and by examining other social constructs which affect LGBTQI people's experiences in sports, such as race/ethnicity, and socioeconomic status.

Submissions from current and former sports participants and scholars are welcome. Please submit titles and abstracts as Microsoft Word documents no longer than 500 words to jpiedra@us.es by **June 30, 2016** for feedback and further submission information. Full drafts of papers will be submitted by October 1, 2016 for review although final revisions will not be due until January 15, 2017.

Please feel free to contact me about submission details or with any questions.

Sincerely,

Joaquín Piedra

Joaquín Piedra, PhD
Department of Physical Education and Sport
University of Sevilla
Spain

***Shape Florida Journal, Spring 2016: Women & Sport: Bringing global development to Florida**

DARLENE A. KLUKA, PhD, Dean of The School Of Human Performance and Leisure Sciences, Barry University

KATHRYN LUDWIG, PhD, Chair of the Department of Sport and Exercise Sciences, Barry University.

BRIDGET LYONS, PhD, Senior Associate Athletic Director and Senior Women's Administrator for Intercollegiate Athletics, Barry University

SANDRA ACEVEDOS, Coordinator of Global Outreach for the School of Human Performance and Leisure Sciences, Barry University

Introduction

The issues of women's empowerment and their contributions to the improvement of the global human condition seem to be contextualized in the bid for the Presidency of the United States as well as the approaching Olympic Games in Rio. The discussion centers around an increasing emphasis on the position of women during the last four decades that has also become embedded in the broader context of global development. The notion of sport as a vehicle for social change and the inclusion of sport for development has also begun to be acknowledged in several sectors of society along with its relationship to the empowerment of women. This acknowledgement has not come easily for those who have had a passion for the women and sport movement. Historically, several international groups have contributed to the

issue of women's empowerment through sport globally throughout the years. One, specifically, plans to bring additional global development to the State of Florida.

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[View the article on pages 18 - 19](#)

* **Society for Health and Physical Educators**

Inside the games reports (5 May 2016)

Non-discrimination clause on grounds of sexual orientation included in new PASO Code of Ethics

A specific clause prohibiting discrimination on the ground of sexual orientation is included within the new Pan American Sports Organization (PASO) Code of Ethics approved here during the body's Extraordinary General Assembly.

The document, based on the principles and rules of the International Olympic Committee (IOC) Code of Ethics, is billed as the first of its kind by one of the five Continental organisations affiliated to the Association of National Olympic Committees (ANOC).

It is split into nine sections, covering the themes of dignity, integrity, integrity of competitions, good governance and resources, candidatures, confidentiality, honesty and good faith, reporting obligation and implementation and sanctions.

The clause referring to sexual orientation appears in the opening section alongside "political belief, ideology, religion, language, gender, race, ethnicity...or other ground of prohibited discrimination".

This follows the IOC's decision to add a similar clause into Host City Contracts in October 2014, something that prompted rare praise from Human Rights Groups.

A PrideHouse was set-up to embrace lesbian, gay, bi, trans and queer (LGBTQ) communities in Toronto during last July's Pan American Games.

The PASO Executive Committee may "impose such provisional sanctions as it deems appropriate in the circumstances of any alleged breach of this Code of Ethics".....

[View the full news item](#)

Inside the games reports (4 May 2016)

Puerto Rican Olympic Committee President Rosario Vélez elected onto ANOC Executive Council

Puerto Rico Olympic Committee (COPUR) President Sara Rosario Vélez has been elected onto the Association of National Olympic Committees (ANOC) Executive Council as a representative of the Pan American Sports Organization (PASO).

She will replace Marcel Aubut, who stepped-down last November following his resignation as President of the Canadian Olympic Committee amid sexual harassment allegations.

Rosario, who was elected as the first female COPUR President in 2012, has been involved in the sports world since 1987 and in COPUR since 1991, serving as Puerto Rican Chef de Mission at Athens 2004.....

[View the full news item](#)

Inside the games reports (3 May 2016)

French Football Federation's general manager elected UEFA's first female member

Florence Hardouin, general manager of the French Football Federation (FFF), has been elected the UEFA Executive Committee's first female member in a landmark vote at European football's governing body's Congress in Budapest.

The Frenchwomen beat Norway's Karen Espelund, who had served on the Executive Committee in a co-opted capacity since 2011, by 33 votes to 21.

She will serve a three-year mandate until executive elections in 2019.....

[View the full news item](#)

Inside the games reports (9 May 2016)

Long jumper Brunner appointed to World Olympians Association Executive Committee

Two-time Olympic long jumper Chantal Brunner has been appointed to the World Olympians Association's (WOA) Executive Committee.

Brunner, who represented New Zealand at the Atlanta 1996 and Sydney 2000 Olympic Games, joins the Committee as a continental representative of the National Olympians Associations of Oceania.

Her appointment takes the number of board members in the WOA to 18.....

[View the full news item](#)

Association for Physical Education, UK reports (11 May 2016)

Free online course for PE teachers: Outstanding Physical Education Lessons

Academics from around the world and PE teachers in the UK have worked together to produce a PE MOOC (massive open online course).

This is a short, 3 week course designed as professional learning for PE teachers – completely stand-alone, FREE, and open to any teachers across the world. The topic is 'outstanding' physical education lessons and is offered through the Futurelearn Platform.

The course starts on 4th July, to register, click [HERE](#).

[Source of information](#)

FIFA (13 May 2016)

Fatma Samba Diouf Samoura appointed FIFA Secretary General

The FIFA Council today appointed Fatma Samba Diouf Samoura of Senegal as FIFA Secretary General (SG). Ms Samoura is a 21-year veteran of United Nations programmes who is currently the UN's Resident/Humanitarian Coordinator and UNDP Resident Representative in Nigeria. The announcement was made by FIFA President Gianni Infantino at the 66th FIFA Congress in Mexico City.

"Fatma is a woman with international experience and vision who has worked on some of the most challenging issues of our time," President Infantino said. "She has a proven ability to build and lead teams, and improve the way organisations perform. Importantly for FIFA, she also understands that transparency and accountability are at the heart of any well-run and responsible organisation."

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[View the full news item](#)

Inside the games reports (24 May 2016)

Women's involvement in World Series of Boxing expected soon, AIBA President says

International Boxing Association (AIBA) President C K Wu thinks it "won't be too long" before women's boxers are included in the World Series of Boxing (WSB).

Speaking to insidethegames here at the Women's World Boxing Championships in Kazakhstan's capital, the 69-year-old Taiwanese said he has personally been asked by numerous female fighters about the matter.

London 2012 lightweight gold medallist Katie Taylor of Ireland is among the high-profile names to have previously confirmed their backing for women's inclusion in WSB, a professional style league that forms part of the Olympic qualification process.

Wu says he has "opened the door" on the idea but admits that there are still aspects that need to be ironed out.

"We need to think in more detail about how to bring them [the women's boxers], what the competition format will be and how many of them will be in each team," he said.

"We're now starting to take all this into account, but I think it won't be too long because we need to really fulfil the gender equality.

"If they have such desire and demand to come, we should think about paving the way."

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[View the full news item](#)

SBS (30 May 2016)

Are researchers ignoring female athletes?

While women are participating in sport in increasingly greater numbers, the numbers of women in sports research do not reflect of this trend and it could have bad consequences.

Sometimes the obvious bears repeating: Women aren't just smaller men with breasts.

Women [tend to need more sleep](#), for example, and process [pain](#) differently, and may break down some drugs differently. (In 2013, the FDA issued its first sex-specific [dosing guidelines](#), for sleeping pills.)

But still, broadly speaking, medical research has taken its sweet time in adopting this particular lesson.

Despite policies designed to encourage gender parity in research, [only a third](#) of clinical research subjects are women.

Perhaps unsurprisingly, as Bethany Brookshire reported in [Science News](#), the worlds of sports medicine and exercise science are no exception — when scientists study athletes, those athletes tend to be men.

"Women are making up for a historical bias against them in sports. Not surprisingly, there's also historically been a bias in sports science."

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[View the full article](#)

Journal of Physical Activity and Health: The Official Journal of the International Society for Physical Activity and Health. Volume 13, Issue 4, April 2016

Editor - the abstracts from the articles in this current edition to be placed on their website are now available.

[View the abstracts](#)

International Journal of Behavioral Nutrition and Physical Activity, 2016 13:54 DOI: 10.1186/s12966-016-0378-6. School policies, programmes and facilities, and objectively measured sedentary time, LPA and MVPA: associations in secondary school and over the transition from primary to secondary school. Morton, K et al

Abstract

Background: There is increasing policy interest in ensuring that the school environment supports healthy behaviours. We examined the cross-sectional and longitudinal associations between schools' policies, programmes and facilities for physical activity (PA) and adolescents' objectively-measured activity intensity during the school day and lunchtime.

Methods: Accelerometer-derived PA (proportion of time spent in sedentary (SED), light PA (LPA) and moderate-to-vigorous PA (MVPA)) during school hours and lunchtime from 325 participants in the SPEEDY study were obtained from baseline measurements (primary school, age 9/10 years) and +4y follow-up (secondary school). School environment characteristics were assessed by teacher questionnaire. Multivariable multi-level linear regression analyses accounting for school and adjusted for sex, age, BMI and family socio-economic status assessed cross-sectional associations with lunchtime and school-day SED, LPA and MVPA; effect modification by sex was investigated. The association of changes in school environment with changes in outcomes was examined using multivariable cross-classified linear regression models.

Results: There were significant differences between primary and secondary schools for 6/10 school environment characteristics investigated (including secondary schools reporting shorter breaks, more lunchtime PA opportunities, and higher number of sports facilities). Cross-sectional analyses showed that boys attending secondary schools with longer breaks spent significantly less time in SED and more time in MVPA during the school day. Longitudinally, an increase in break-time duration between primary and secondary school was associated with smaller reductions in MVPA during the school day. Moreover, participants who moved from a primary school that did not provide opportunities for PA at lunchtime to a secondary school that did provide such opportunities exhibited smaller increases in SED and smaller reductions in MVPA at lunchtime.

Conclusions: Schools should consider the potential negative impact of reducing break time duration on students' MVPA and SED during the school day. School-based interventions that combine longer breaks and more PA opportunities during lunchtime may be a fruitful direction for future research. Further research should also explore other factors in the school environment to explain the school-level clustering observed, and study sex differences in the way that the school environment influences activity intensity for adolescent populations.

[View the 11-page article](#)

Specific countries

AUSTRALIA

The Australian (6 May 2016)

Janice Crosswhite resigns from Australian Womensport Association

After more than 10 years at the helm fighting for a better go for women and girls in sport, Janice Crosswhite, OAM, is resigning from the Australian Womensport and Recreation Association.

Crosswhite worked tirelessly as AWRA's leader to create a level playing and to break down barriers facing women and girls in sport and recreation. But has now decided to take a well-earned rest with new president Carol Fox taking over effective immediately.

As the founding president and former secretary of the not-for-profit AWRA, Crosswhite made significant changes to women in sport in Australia by successfully lobbying government, sporting bodies and the media for equal funding, pay, conditions and media coverage.

Crosswhite has also been instrumental in securing government grants to deliver leadership and mentoring workshops and projects for women and girls in sport on and off the field around Australia. In 2013 Crosswhite guided AWRA to hire its first executive officer through a federal government grant.

"Governments at federal and state level have policies that support gender equity, sports bodies can't get away with paying female athletes a pittance any more and the fragmentation of the media has put female athletes and competition on the front and home pages and more recently on free-to-air TV," Crosswhite said.....

[View the full news item](#)

Janice Crosswhite, Secretary, AWRA up until May 2016

10 May 2016 - Blog: A quick review of my years as Secretary of the Australian Womensport and Recreation Association

Since my resignation as Secretary of Australian Womensport and Recreation Association (AWRA) was announced I have done some media interviews and the following is a bit of a summary of the questions I have been asked.

Why did you start the AWRA?

In 2003 I noticed that the Federal Government was giving grants to national women's organisations, for them to deliver programs to their members and the wider community, but there was no national women's sports organisations to apply for such grants and so women in sport and women's sport were missing out on this grant opportunity. I could see the good work that some national women's organisations were doing – for example agricultural women, indigenous women, economic rights for women – and women in sport were missing out.

How difficult was it to get a national advocacy group together to start AWRA?

It was very easy as there was a number of like-minded women from around Australia who wanted to be involved and who were committed to being part of such an organization. The original group of women were in Canberra for an Australian Sports Commission (ASC) meeting on women's sport. I chaired the non-government reps meeting - we workshopped the idea and agreed to go ahead - so I put us in a couple of taxis and headed over to the Office for Women in Weston to run this past the public servants and we were on our way. This was a real team effort, working with women from around Australia.

Initially we operated under the auspices of the Confederation of Australian Sport (CAS) as a special interest group but after a year of trying this arrangement we decided to be completely independent and so incorporated under the Model Rules in Victoria. Later on we updated our constitution to better reflect the purposes of AWRA.

How successful was this?

We did receive an initial grant to establish the association and in the following years we received large grants from the Office for Women to deliver Leadership Development workshops around Australia, followed by Media and PR training programs. These were delivered in partnership with state Womensport Associations and by some state sports federation.

We also applied for Leadership Development grants from the ASC which allowed us to develop leadership, governance, mentoring and risk management modules for our website. All this work was done by volunteers as until 2013 we did not have an Executive Officer. However, in the time of the Gillard Government, with Kate Lundy as the Minister for Sport, AWRA received a \$50,000 grant for a part-time EO.

We stretched out the employment of our EO to March 2016 but unfortunately AWRA is now back to being a volunteer run and operated organization. There is a board of directors (8) and 11 non-voting directors, brought together to form four major sub-committees that do the major strategic work for AWRA.

What have been AWRA's successes?

Firstly, that we still exist! It is hard slog today to get funding for an advocacy group but we are hanging in there.

Our mentoring program has developed over 3-4 years and has extended its reach across most of Australia, and is self-funding now. This is AWRA's flagship program at present.

Our website has lots of good information on it and through it we get contacted to supply information to students, athletes, parents and others who want more information about particular issues and circumstances. Our twitter feed has grown tremendously and last year we added Facebook, to use more social media to spread our messages.

I think our advocacy for more women in leadership and decision making positions has been highly successful. AWRA and others in sport have been advocating for greater representation of women on boards and this was successful when in 2013 the ASC developed a policy of aiming for 40% women on boards by 2015. In 2013 only 23% of NSO's boards were women but that figure is now about 38%. This is a good example of implementing a new policy, setting out a target date and a quota. Now, by 2020 we want to see that figure closer to 50% women on sports boards.

And we want to see the trickledown and trickle-up effect over the whole sports industry, so that with more women in decision making and leadership positions we will see more women across all levels of the industry and particularly we will see more Presidents of NSO's, CEO's, senior managers, sports medicine staff, media personnel and definitely more coaches.

Have there been difficult times for you?

At the time of the launching of the Lingerie Football League, we did a media release saying this sport was basically not welcome in Australia, so you can imagine the calls I got from irate males.

However, we always say it is women's right and their choice to play what sport or follow what recreational pursuit they want to. For example, many people don't agree with boxing as a sport but if it is legal for men to box then women can be boxers too.

Sometimes we work behind the scenes, sending emails or making phone calls to people we know or don't know about hot issues, such as non selection of a women's rowing team (when the men's team is pre-selected), uniform issues that are sexist (as with beach volleyball and boxing trying to put skirts on women for the 2012 Olympics) and inappropriate advertising that is usually sexist. And there is often unconscious bias that is harder to deal with but which lies behind some of the decision making.

You can be on the phone for up to an hour talking to people who can't understand why there are fewer resources for their daughter's soccer team than their sons' or trying to help where money is needed to send a women's team or individual to an Australian championship.

AWRA sends congratulatory emails or tweets to individuals that do and say positive things about women in sport. And we feature these comments and successes in our regular **Advocate** newsletter.

What has led to the momentum in women's sport in recent times?

The success of our women's teams on the field of play and the increased numbers in the boardroom, backed by media coverage, has helped push women's sport to the forefront.

Last year was a super year and hopefully a tipping point for women's sport, what with the Diamonds winning the World Championship again, the Mathilda's making it to the quarter finals of the World Cup and then going on strike for better pay (mind you the Socceroos did not strike with them), Michelle Payne's Melbourne Cup triumph and the media success of the Big Bash for our women cricketers - all events pushed the product of women's sport to the fore – while at the same time some of our men's teams were not so successful, on and off the field.

That is one thing about women's sport, there are hardly any scandals, drug busts or integrity issues – jokingly I sometimes say we need a few disasters to get the media's attention!

Our elite female athletes are wonderful role models and ambassadors for their sport and sponsors. Yet we still need more commercial interest in national leagues, teams and individual athletes as government support is not enough today.

The new Australian Netball League is a huge breakthrough for netball and women's sport as the competition will be on free-to air TV with a five year deal. This is a huge breakthrough for viewers and for the professionalism of netball and something that we need to see in other sports.

How can women's sport continue this momentum?

Our high performance success needs to translate to greater participation at the grassroots level. For health and mental wellbeing we need more girls and women exercising daily and/or playing organized sport. In Victoria 44% choose non-organized pursuits and only 9% of females choose organized physical activity (VicHealth figures).

Hopefully the media coverage for the new Netball League, the AFL national league, Big Bash and the ongoing success of other sports, and this year with the Olympics and Paralympics - where our women have traditionally had great success – young girls and women will be motivated to get active or join a team.

What still needs to change?

At the state and federal government level I want to see more funding for sports facilities that women use – not just money going into large sports stadia that are mostly used by professional male footballers and cricketers. The big stadia sports are the richest in Australia and yet they are the ones benefiting from facility government grants.

Then again if the government funds them where are the procurement policies and/or guidelines that stipulate their usage for the broader community, so that women get access to taxpayer funded high level facilities that include the field of play, the pools and gyms under the grandstands, the sports medicine and high performance services?

Last year in Victoria the state government gave over \$100m to three AFL clubs and only \$10m for toilets and change rooms for women. And that \$10m was a breakthrough.

This is where Australia could copy the UK sports lottery system which has raised millions and millions for sports development. We have to have more sources of funds for sport in Australia.

John Wylie, Chair of the ASC, has suggested a *sports, arts, environment lottery* and that seems like a great idea but will be hard to get through the states who currently have control of lotteries.

The hardest thing to influence is the media and to get more coverage of women's sport. Regional Australia and our regional cities do a great job but in the large capital cities it has been a continuing battle.

However, social media has really helped women in sport and will continue to connect people and events so media coverage is broadening and moving forward now.

I look forward to the day when I can regularly sit down with my grand children and turn on the TV and watch a variety of women's sport!

Sportette (29 May 2016)

Finally a commercial about women in sport that gets it

This ad gets it.

This ad moves, motivates, inspires and empowers.

It will give you goosebumps and send a shiver of pride through your body.

This is the best advertisement ever made about women in sport in Australia.

It showcases the best attributes of our female netballers along with the frustrating everyday realities. It doesn't hide anything, nor gloss over their struggles. In doing so it sends a powerful message about how incredible these women are.

Finally, someone has made a commercial on women in sport that gets it.

Last year, [an article by Sportette](#) sparked a huge debate when we questioned a commercial promoting the ANZ Championship. We could see what they were trying to achieve, they wanted to show the girls as tough, but somehow the execution of that aim badly missed the mark and we were left with a strange feeling as the ad was likened to a violence campaign. Sportette argued why the many wonderful attributes of our netballers weren't showcased in the commercial instead.....

[View the full news item and watch the advert](#)

CANADA

Canadian Centre for Ethics in Sport (May 2016)

Gender Inclusivity

Much of sport is organized by sex or gender; however, not every athlete fits into or identifies with the binary of male and female.

As an advocate for sport that is fair, safe and open, the CCES has developed resources for the Canadian sport community to provide information and guidance for the inclusion of trans athletes, and to make Canadian sport a positive space for all athletes.

In 2012, the CCES released a report entitled, "[Sport in Transition: Making Sport in Canada More Responsible for Gender Inclusivity.](#)" The report concludes that, because variations in sex development exist, individuals should have the right to compete without question in the gender they feel they are or have always identified with, and emphasizes that this right to gender self-identification carries both the privilege of inclusion and the responsibility for fair play.

In 2016, the CCES released a policy guidance document designed to help sport organizations develop their own trans inclusion policies. "[Creating Inclusive Environments for Trans Participants in Canadian Sport - Guidance for Sport Organizations](#)" provides policy guidance and best practices for sport at recreational and developmental and high-performance levels.

[CCES Trans Inclusion Policy Guideline Webinar](#) (In English and French, April 2016 - 1hr 17 mins)

[Source of information](#)

IRAN

Inside the games reports (2 May 2016)

WBSC launch project to promote baseball and softball in Iran

A collaborative agreement between the World Baseball Softball Confederation (WBSC) and the Iran Baseball and Softball Association has been announced in an effort to expand and develop the sports in the country.

The Iran Federation of Sport Associations, the Ministry of Youth Affairs and Sports and the Iranian National Olympic Committee are also part of the joint partnership, which will initially focus on providing support and guidance in training, coaching and umpiring, as well as venue construction.

It is hoped that the agreement will help to lay a foundation for introducing baseball and softball into school programmes in the country, **with participation targeted at young people and women.**

The establishment of new clubs for national championships is another key goal.....

[View the full news item](#)

TURKEY

World Health Organization - Europe (5 May 2016)

Turkey hosts an assessment meeting on nutrition and physical activity

A team of international experts in nutrition and physical activity joined WHO staff in Ankara, Turkey from 25 to 29 April 2016. The purpose of the meeting was to conduct a comprehensive evaluation of the Turkish National Healthy Nutrition and Active Life Programme, following an invitation from the Turkish Ministry of Health. The evaluation is particularly important and timely, as the Ministry of Health is currently reviewing its plans for future work in improving nutrition, promoting healthy diets and physical activity, and preventing obesity.

Turkey has been, and remains, a regional leader in this area. It hosted the 1st WHO European Ministerial Conference on Counteracting Obesity in 2006, which resulted in the adoption of the European Charter on Counteracting Obesity. Following the adoption of this Charter, great progress has been made in developing and implementing the national programme. Successful measures include:

- legislation setting maximum salt content levels in several food product categories;
- the introduction of mandatory school food standards;
- a commendable programme providing increased access to bicycles free of charge and cycle paths; and
- a reorientation of the primary care system towards prevention and the implementation of a childhood obesity surveillance system in line with the WHO European initiative.

Nevertheless, obesity, unhealthy diets and physical inactivity remain major challenges for Turkey. For this reason, the country is willing to renew efforts in the area of nutrition and physical activity. Turkey remains the country in the WHO European Region with the highest population average salt intake (around 15 g per day) and has worrying rates of overweight/obesity especially among women and children.

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[View the full news item](#)

UK

sports coach UK (5 May 2016)

Blog: Women in Coaching Panel Event

On April 28 I attended a panel discussion hosted by Leeds Beckett University at Headingley Carnegie Stadium. The topic of conversation was 'The Lives and Careers of Women as Sports Coaches' and the panel comprised of women coaches from grass root to high performance level who were more than qualified to speak on matters.

Dr Leanne Norman, Senior Research Fellow in Coaching at Leeds Beckett University introduced the panel which was expertly hosted by Shelley Alexander, the BBC's editorial lead on women's sport.

The panel included Marieanne Spacey, Assistant Manager of the England Women's Football Team, Paula Dunn, Head Coach of the Great Britain Paralympic Athletics Team and Salma Bi, award winning cricketer, founder of a coaching organisation that promotes women's cricket and the first British Asian woman to play County Cricket.

Throughout the evening the panellists discussed their various career pathways and personal journeys and the hot topic of the night was how to continue to improve the diversity of the coaching workforce within the UK.....

If you missed the event AND the live tweets from the Reach account then the full panel discussion can be watched soon on the Leeds Beckett University YouTube. However, if you are more of a listener, the event will be on air on Thursday 12 May at 6pm on BBC Radio Leeds 92.4fm, DAB and online.

[View the full blog](#)

Department for Culture, Media and Sport (12 May 2016)

New Governance Code will ensure highest levels of transparency in British sport

Charter for Sports Governance in the UK published.

UK sports bodies and organisations that want to receive public funding will have to adhere to a new Code of Governance to help ensure that the highest levels of transparency, ethical standards and leadership are present across sport in this country.

A [Charter for Sports Governance](#) in the United Kingdom has been published today that outlines some of the main themes that will feature in the code that will be finalised later this year and come into effect in 2017.

While governance in the publicly funded sport sector in the UK is already at a good standard the Code, being drawn up by UK Sport and Sport England, will build on this further. It will be ambitious and set high expectations for any sports organisation that wants to be in receipt of

public funding. This will not only protect that investment but also help good organisations become exceptional.....

[View the full press release](#)

ukactive (12 May 2016)

Blog Geraldine Tuck: Our female leaders must inspire the nation to get active, from the top

Women account for [4% of CEOs](#) in the world's 500 top companies.

Yet, globally women fill 40% of mid-level senior and director level roles. So what's gone wrong? The gender-gap is still very much at the forefront of every sector and every country, and the physical activity sector is no different. In March, I spoke about the sector being full of

[talent](#), and whilst 2016 promises new waves of support for women in business and leadership roles, solid ground-work is needed to generate a wealth of women in influential and powerful roles.

The physical activity sector has become more diverse to adapt to ever-changing consumer needs, and for women this has meant the delivery of campaigns such as Sport England's [This Girl Can](#) and Women's Sport Trust, [#BeAGameChanger](#), which have transformed the perceptions of women participating in fitness. As we successfully develop these bottom-up approaches, we must now look to women in leadership positions to take-on the top and represent women at board level positions, to further sculpt the future of physical activity.

ukactive are about to launch the first wave of applicants for the Future Leaders programme, a leading business development course held at [IESE Business School](#), Barcelona, with dozens of senior level professionals from across the fitness, health and physical activity landscape expected to participate - deadline for final submissions 31st May, 2016.

[View the full blog](#)

Loughborough University (12 May 2016)

Loughborough conducts new study for Race for Life participants

Loughborough University, in partnership with [Cancer Research UK](#), has established [STRIDE: Active Fundraising](#), a new nationwide study exploring the potential benefits to women taking part in the Race for Life.

The study, which explores the motivation, lifestyle and wellbeing benefits of women taking part in the race, will help to identify how participating in such events can contribute to positive lifestyle changes.

Each year, over 500,000 women take part in Race for Life to raise money for Cancer Research UK. These women-only events provide an inclusive opportunity to walk, jog, or run 5K at 300 locations around the country, while fundraising for a shared cause.

Mass participation events have been identified as having untapped public health potential.

People taking part for charitable or social reasons may also benefit from the physical activity involvement.....

The study is open to any women aged 18 or over taking part in a Race for Life 5k or Pretty Muddy 5k event this summer. It involves completing an online questionnaire about motivation, lifestyle and wellbeing. This can be completed prior to, or around the time of, the event.

Please click [here to](#) take part.

[View the full news item](#)

Women's Sport Trust (13 May 2016)

2016 Women's Sport Trust #BeAGameChanger Award Winners Announced

....At a star-studded event in London this evening, the winners of the 2016 #BeAGameChanger Awards organised by the Women's Sport Trust were announced. The awards, now in their second year, are designed to showcase the incredible talent from across women's sport, and to highlight the need for media, sponsors and the public to invest at all levels. Tonight's event was no exception, with winners and guests drawn from Olympians and Paralympians, World Cup Winners and World Record holders, as well as inspiring unsung heroes and heroines of regional initiatives.

The following teams and individuals were recognised at the event:

Sporting Role Model – Andy Murray

Sporting Role Model – England Football Team (Lionesses)

Ambassador of Women’s Sport – Heather Bamforth

Sponsor partnership – Ricoh UK, Women’s Sport

NGB of the Year – British Rowing

Inspiring initiative (regional) – Women’s Climbing Symposium

Inspiring initiative (national) – parkrun UK

Media Initiative of the Year – BBC Women’s Sport Week

Journalist of the Year – Sarah Shephard

Imagery of the Year – Adidas #heretocreate campaign

[View the full news item](#)

[View what British Rowing says about being awarded the 'NGB of the Year'](#)

Women's Sport Trust (13 May 2016)

Article by Michelle Moore: The Question of Diversity and Inclusion in Women’s Sport

Sport today is driving culture, globalisation, imagination and business. We all know how sport has acted as a catalyst for social change, from the example of athlete activists like Billie Jean King, to our very own Maggie Alphonsi (pictured above), John Ameachi and Baroness Tanni Grey-Thompson. Sport can play a starring role for all forms of equality in the 21st century, and I believe sport has the power to change the world.

However, diversity and meaningful inclusion practice needs to be embedded within our governance, our boards and our daily implementation if sport is to fully realise its potential to drive social progress. As leaders, we need to challenge ourselves to truly wrestle with issues of equality and diversity and have the courage to hold ourselves to account.

In my work as an activist, it’s clear to me that those involved in women’s sport tend to genuinely care about diversity but are less clear about what inclusion actually means and looks like – or how to achieve it. It’s a fact that the structures and organisation of women’s sport in Britain remain predominantly white, male and middle class – a situation that is shared with much of the corporate world. On the sports field, athletes come from a variety of different backgrounds (notwithstanding some very traditional sports). How can we maximize the victories and abilities of these athletes on and off the field so that diverse talent translates to the boardrooms and structures of National Governing Bodies and those that run sport?

[View the full article](#)

Sporting Equals reports (13 May 2016)

Harleen Kaur wins Asian Women of Achievement Award for Sport

The Asian Women of Achievement [AWA] Awards, in association with NatWest, announced the winners of the 2016 Awards at an event in London last night. The Awards, now in their 17th year, celebrate the contributions made by Asian women both professionally and in their

communities, cutting across a broad range of sectors in British life from business and media to sport, culture and public service.

Harleen Kaur, aged 17 and the WMKF World Champion Silver Medallist is a martial arts competitor, training for nearly 10 years Harleen is also a 2nd Dan Black belt in Karate; she currently trains in a combined programme of karate and kickboxing.....

Harleen, who is an ambassador for the Asian Sports Foundation is one of a few in her niche field not only an international competitor in martial arts, but the WMKF British Champion in kickboxing and UK All Styles National Champion.....

[View the full news item](#)

University of Wolverhampton (17 May 2016)

Raising their game

Lecturer in Sports Coaching, Hannah Dingley, shares her thoughts on the recent successes of Great Britain's sportswomen and why they should no longer be hidden from view....

The 2015 rugby World Cup was hugely disappointing for England. Not only was it England's worst ever showing in a World Cup but they also became the first host nation not to progress past the group stages of the tournament.

In contrast England's Women's Rugby team are the current World Champions, having won a hard-fought final against Canada 21-9 in front of a sell-out crowd in Paris last August. They also won 2014 BBC Sports Personality Team of the Year and the game is becoming more and more popular with record-breaking viewing figures of 1.6 million people tuning in to watch the World Cup semi-final between Canada and South Africa.

What made England's success even more remarkable is that all of their players had to take time off from their day jobs to play in the tournament. The team contained a plumber, a vet, a mother, a lifeguard, a few teachers, students and a guitarist. It was only after their success in France that England's women rugby players are now being paid to play. 20 players have been handed professional contracts, allowing them to train full-time. Rugby 7s will also now feature in the Rio Olympics in 2016 which means that England will be able to compete on a level with other countries that have full-time players.....

[View the full news item](#)

Kick it Out (20 May 2016)

Kick It Out and BPP join forces for FA WSL collaboration

Kick It Out is delighted to announce a campaign with The FA Women's Super League, supported by BPP University Limited ("BPP"), one of Europe's largest providers of professional education.

The collaboration, which begins this season, will engage FA WSL 1 and 2 clubs and work proactively with all 19 teams.

Part of Kick It Out's work is in promoting opportunities for women to work at all levels of football, both on and off the pitch, as well as enabling the game, as a whole, to be as accessible as possible.

BPP prides itself on its ethical culture and provisions for equal opportunities, and with its backing Kick It Out will be able to enhance its campaigning activities within the women's game.

The clubs will be provided with complimentary resources to supplement their activities around

promoting accessibility and inclusion across all areas of the game, in addition to promotional materials to highlight key equality messages.

Alongside the range of matchday activities, Kick It Out will work alongside the individual clubs to organise and host bespoke events with fans, clubs and players focusing on education and inclusion.....

[View the full news item](#)

Sport England (19 May 2016)

New strategy to tackle inactivity

We'll spend £250 million to combat inactivity as part of five-year strategy.

More than one in four people in England (28 per cent) do less than 30 minutes of physical activity a week. But research shows that those who do the least activity stand to benefit the most, even if it's just small changes like gentle jogging, swimming or playing rounders in the park.

As well as continuing to support people who already play sport, there will be a much greater emphasis on groups who are typically much less active such as women, disabled people and those from lower-socio-economic backgrounds.

Read the new strategy [Towards an Active Nation](#).

The strategy will help deliver against the five health, social and economic outcomes set out in the Government's [Sporting Future](#) strategy.

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[View the full news item](#)

Inside the games reports (19 May 2016)

Muirfield axed as venue for The Open after vote against allowing women members

Muirfield will not be considered as a host of future British Open golf tournaments, the Royal and Ancient (R&A) confirmed today after the Scottish club voted against admitting women as members.

The Honourable Company of Edinburgh Golfers, which owns Muirfield, announced its decision to retain the club's male-only policy following a ballot of its 750 members.

A two-thirds majority was required for a change to take place, but 36 percent of members voted against allowing women.

The R&A, which runs the British Open, said Muirfield has been taken off the list of courses that can host golf's oldest major championship.....

[View the full news item](#)

Women in Sport (23 May 2016)

Spotlight on insight: how we're helping sport make a difference

Women in Sport is proud to unveil case studies of our work with National Governing Bodies of Sport in 2015/16.

As part of our work with Sport England, Women in Sport has partnered with [British Cycling](#), [England Athletics](#) and [The FA](#) over the past year using our insight-led approach to transform the lives of women and girls in the UK.

Three separate case studies have now been published on the [Women in Sport Resource Library](#) to showcase our work and share guidance on best practice.

Sharing our objectives, methods and insight activation, our case studies detail how our support and advice to sports partners across areas including insight, marketing, policy and strategy have helped increase the number of women and girls taking part in sport nationwide.

[Source of information](#)

Exploring the transition from recreational to challenge rides with British Cycling. NGB Case Study 2015/16. Women in Sport, 23 May 2016 (7 pages)

As part of our work with Sport England, Women in Sport has partnered with British Cycling over the past year using our insight-led approach to transform the lives of women and girls in the UK.

British Cycling wanted to identify the barriers and motivators to women entering more formal 'challenge' rides; and to explore the potential methods of persuading women to try them.

[Download a copy](#)

Measuring the impact of The FA player appearances programme 2015-16. NGB Case Study 2015/16. Women in Sport, 23 May 2016 (8 pages)

As part of our work with Sport England, Women in Sport has partnered with The FA over the past year using our insight-led approach to transform the lives of women and girls in the UK.

The FA wanted to assess the impact of player appearances on growing female participation and raising the profile of the game.

[Download a copy](#)

Measuring impact: 'This Girl Can Run' for England Athletics. NGB Case Study 2015/16. Women in Sport, 23 May 2016 (7 pages)

As part of our work with Sport England, Women in Sport has partnered with England Athletics over the past year using our insight-led approach to transform the lives of women and girls in the UK.

England Athletics created a digital campaign to activate Sport England's 'This Girl Can' campaign around running, to include content that would inspire, inform and engage women aged 14 to 40 (aligned to the parent campaign).

Women in Sport worked in partnership with England Athletics on a research project to further understand the highly engaged online community and the impact the campaign was having on their running behaviour.

[Download a copy](#)

England Boxing (25 May 2016)

Berinsfield boxer creates documentary on the rise of women in sport

Berinsfield Boxing Club's Daniell Smith has filmed a documentary on the rise of women in sport, focusing on athletes from a range of traditionally male-dominated sports including Berinsfield's Harriet Healey, who along with head coach Mel Corringan, discusses what it means to them to be part of something that has now become well-established in the local community.

Daniell, a student at the University of Gloucester, was also responsible for creating '[We are Berinsfield.](#)' a short film highlighting the opportunities available for women boxers at the club, earlier this year.

[You can watch his latest documentary \(28 minutes\)](#)

BUCS (25 May 2016)

This BUCS Girl Can Week 2016/17 date announced - 7-13 November 2016

Following the success of the inaugural This BUCS Girl Can Weeks in April and December 2015, BUCS are pleased to announce that This BUCS Girl Can Week 2016/17 will be running

7 - 13 November.

Universities are encouraged to organise a range of activity throughout the week of action for female students to take part in. Whether that be women-only sessions, workshops discussing women and gender equality in sport or attempting to break a participation record as a university community, the Week is all about encouraging and empowering women to be active in sport and physical activity during their time at university and beyond.

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[View the full news item](#)

Women in Sport - Ezine, May 2016 - [available to view](#)

US

Inside the games reports (2 May 2016)

USOC back First Lady's bid to get two million children active

American First Lady Michelle Obama has announced that the United States Olympic Committee (USOC) has pledged to help get two million children in the United States active as part of her Let's Move! initiative.

She was present in Times Square in New York City to reveal the organisation's backing of the scheme, with a total of 16 national governing bodies outlining various projects to engage children in their sports.

It is hoped that they will be able to utilise the inspiration of the Rio 2016 Olympic and Paralympic Games to help make children more active and healthier.

This would help the First Lady's aim of solving the epidemic of childhood obesity within a generation.....

Among the organisations who will provide beginner programmes to young athletes are USA Basketball and USA Swimming, with the two national governing bodies aiming to provide activities for 180,000 and 600,000 young people respectively.

The US Tennis Association's Foundation will look to engage 225,000 youngsters from low-income households in summer and after school activities, while USA Track & Field will expand its youth programme to reach 120,000 children across the country.....

[View the full news item](#)

Beyond Sport reports (6 May 2016)

WNBA Tips Off Historic 20th Season with 20 Youth Basketball Events During Inaugural Jr. WNBA Week

To celebrate the WNBA's historic 20th season, the WNBA and NBA family will host 20 youth basketball events during Jr. WNBA Week (May 7-15) leading into the tip-off of the WNBA regular season Saturday, May 14. The Jr. NBA presented by Under Armour, the league's youth basketball participation programme for boys and girls ages 6-14, teaches the fundamental skills as well as the core values of the game at the grassroots level in an effort to help grow and improve the youth basketball experience for players, coaches and parents.

Each WNBA team along with the NBA's Charlotte Hornets, Cleveland Cavaliers, Golden State Warriors, Portland Trail Blazers, and Washington Wizards will celebrate Jr. WNBA Week by collectively hosting 20 youth basketball events in their communities. The WNBA will also host a national Jr. WNBA Week event on Monday, May 9, featuring WNBA President Lisa Borders and former WNBA stars Teresa Edwards and Sue Wicks leading a basketball clinic for 150 girls at Williamsburg Community Center in Brooklyn, N.Y. Details on each team's events will be available on individual team websites.....

[View the full news item](#)

Inside the games reports (10 May 2016)

LA 2024 appoint IOC member Ruggiero as chief strategy officer

Four-time Olympic ice hockey player Angela Ruggiero has been appointed as chief strategy officer by Los Angeles 2024.

The 36-year-old, who won a gold medal with the United States team at the Nagano Games in 1998, has also been a member of the IOC since 2010 when she was elected to the body's Athletes' Commission.

Ruggiero's work will "help LA 2024 leverage the city's unique assets such as innovation, sustainability and the more than 1,000 Olympians and Paralympians who live in Los Angeles", organisers have claimed.

She will also "address the needs of the Olympic Movement in the post-Olympic Agenda 2020 landscape" as the American city seeks to host the Olympics for a third time in 2024.....

[View the full news item](#)

Beyond Sport (24 May 2016)

Megan Rapinoe joins all-star team at Beyond Soccer in San Francisco

U.S. soccer star Megan Rapinoe has announced she will join a panel discussion on the role of soccer in promoting gender equality at the Beyond Soccer Series – powered by streetfootballworld in San Francisco on June 23.

The World Cup and Olympic champion will join fellow USWNT star Hope Solo, Vancouver Whitecaps FC co-owner and San Francisco Giants principal partner Jeff Mallett, Major League Soccer's Vice President of Social Media and CRM Amanda Vandervort, plus other big names from the world soccer and business for a discussion about tech, innovation and gender equity in soccer.

The event takes place at 6pm at the SFJAZZ Center on Thursday June 23rd – celebrated around the world as Olympic Day. Rapinoe, a key member of the USA's recent World Cup-winning soccer team, is currently in a race to be fit for the 2016 Rio Games as she recovers from an ACL tear. The USA is seeking to defend the title they won in 2012.....

For more information on the Beyond Soccer Series 2016 and to purchase your ticket, please visit: www.beyondsport.org and follow @BeyondSport on Twitter.

[View the full news item](#)