

News and Resource Update November 2016: Your guide to what’s happening around the world

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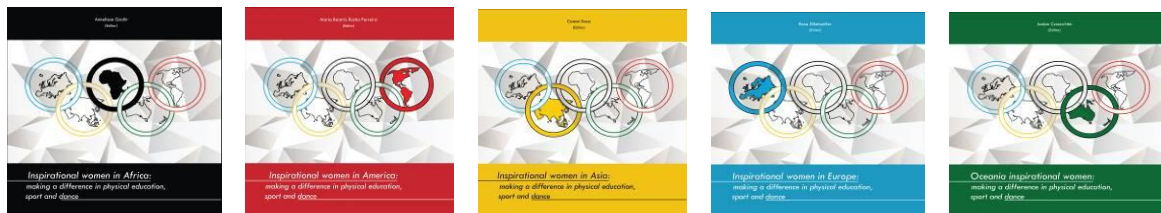
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IAPESGW Five Continents Series of Books - launched at the ICSEMIS Conference in Santos, Brazil on 2 September 2016:

- **Inspirational women in Africa: making a difference in physical education, sport and dance. Edited by Anneliese Goslin (258 pages)**
- **Inspirational women in America: making a difference in physical education, sport and dance. Edited by Maria Beatriz Rocha Ferreira (198 pages)**
- **Inspirational women in Asia: making a difference in physical education, sport and dance. Edited by Canan Koca (276 pages)**
- **Inspirational women in Europe: making a difference in physical education, sport and dance. Edited by Rosa Diketmüller by (256 pages)**
- **Inspirational women in Oceania: making a difference in physical education, sport and dance. Edited by Janice Crosswhite (243 pages)**

Please access the books via:

<https://drive.google.com/drive/folders/0B441cCHT7g1hcmFzejdTUkUWHc>

**IAPESGW 18th World Congress - *Women and Girls in Sport: Research to Action*
Barry University, Florida, USA 17 – 21 May 2017**

Themes:

- Pedagogy of Physical Education, Sport, and Dance
- Lifelong Physical Activity for All
- Global to Local Initiatives and Assessment
- Sport Sciences

REGISTRATION IS NOW OPEN - to book your place on our 18th Congress please [visit the booking website](#) - early bird rates are available up to 20 January 2017

International

Women's Sport Leadership Academy 2017

11- 16 June 2016, The Dome, University of Chichester's Business School, Chichester, England

The Women's Sport Leadership Academy (WSLA) is dedicated to developing tomorrow's leaders of sport.

The main component of the Academy is a week-long residential at the University of Chichester. Combining the essential elements for self-critical learning and development, the unique learning environment includes high-profile guest speakers, workshops, personal development planning, national and international support groups, as well as physical activities.

For information about applying for the 2017 WSLA Academy please [take a look at our Information Pack](#).

The application deadline is 30 November 2016

[View all the details](#)

Australian Financial Review (27 October 2016)

Claire Stewart: The surprising obstacles to getting more women into competitive sport

There's a nice symmetry in speaking with [Moya Dodd](#) while she sits in Jordan's Four Seasons hotel. It was there, almost five years ago to the day, that she and a handful of others argued the case for the world's most powerful sporting federation, FIFA, to lift its ban on Muslim women wearing headscarves on the soccer pitch.

That petition was ultimately successful, though not until 2014 when then-FIFA Secretary General Jerome Valcke confirmed a two-year trial period had showed it could be done and [the ban was overturned](#).

It wasn't insignificant to the decision, Valcke said then, that the next women's under-17 World Cup would be held in Jordan in 2016. And it's that tournament which brings Dodd – who serves on the [Asian Football Confederation](#) executive committee, is deputy chairwoman of FIFA's Committee for Women's Football, and one of the first women to serve on FIFA's executive committee – back to Amman.

She remembers being at that "headscarf roundtable" with former Matildas coach Hesterine De Reus and Michel D'Hooghe, who chaired the FIFA medical committee, as well as representatives from women's football all over the region.

[View the full news item](#)

Inside the games reports (1 November 2016)

Sri Lanka to host ICC Women's World Cup Qualifier 2017

Sri Lanka capital Colombo will host the International Cricket Council (ICC) Women's World Cup Qualifier 2017, it has been announced.

The tournament is due to take place from February 7 until February 21.

The event will see the bottom four sides from the ICC Women's Championship along with Bangladesh, Ireland, Papua New Guinea, Thailand, Scotland and Zimbabwe go head to head for the four remaining spots in the ICC Women's World Cup in the United Kingdom from June 26 until July 23 next year.

The hosts Sri Lanka are certain to feature in the qualifier, while the remaining three sides will be confirmed following the final round of matches to be played later this month.

World champion Australia has already won the ICC Women's Championship and with it became the first side to book a ticket for next year's ICC Women's World Cup, while England, West Indies, New Zealand, South Africa, India and Pakistan are fighting for the remaining three automatic spots in the 50-over event.

The 10 sides in Colombo will be divided into two groups of five with the top three from each progressing to the Super Six stage, thus securing one-day International status until the next ICC Women's World Cup Qualifier.

The top four sides from the Super Six stage will qualify for the ICC Women's World Cup 2017, as well as for the next ICC Women's Championship, while the top two sides will contest the final.

As many as 30 50-over matches will be played in the two-week tournament, providing another opportunity for the women's sides below the leading nations to gain vital experience and exposure and to hone their skills so that they are fully prepared and geared up for the ultimate event in women's cricket.....

[View the full news item](#)

International Olympic Committee (7 November 2017)

IOC awards 2016 Women and Sport Trophies

Ethiopian journalist becomes first male winner of IOC Women and Sport World Trophy
Dagim Zinabu Tekle was officially awarded the IOC Women and Sport World Trophy by the IOC President, Thomas Bach, Monday evening at a gala ceremony held at the SwissTech Convention Centre in Lausanne, Switzerland.

In 2011, the Ethiopian sports journalist founded the Lisan Women's Sport Radio Programme,

dedicated to inspiring women and girls to be more active in sport and to pursue their goals and dreams.

Over five years, the radio programme has invited 12,580 guests, including sports leaders, coaches, professionals and sportswomen engaged in local and international women's sports activities. This has significantly raised awareness among the public of the achievements and success of these women.....

Earlier in the evening, five continental trophies were awarded to the following people:

Winner for Africa: Ms Felicite Rwemarika (Rwanda) – As well as founding the Organisation of Kigali Women in Sports, Ms Rwemarika fought for the creation of a national council for women in sport in Rwanda. She has devoted her life to helping women and girls in different areas, and particularly sport.

Winner for the Americas: Dr Carole Oglesby (USA) – President of the Association of Intercollegiate Athletics for Women, President of the National Association of Girls and Women's Sport, President of Women Sport International and co-Chair of the International Working Group on Women and Sport. Throughout her academic career, Dr Oglesby has devoted herself to the growth and development of women's studies and the advocacy of women in sport.

Winner for Asia: Ms Maria Leonor Estampador (Philippines) – Athlete, first female national fencing coach, sports official and leader, Ms Estampador has championed providing broader opportunities for women in both administrative and technical responsibilities within sport.

Winner for Europe: Ms Majken Maria Gilmartin (Denmark) – As both a football coach and sports administrator, Ms Gilmartin has persistently advocated women's rights in all her activities, events, coaching and campaigns.

Winner for Oceania: Ms Moya Dodd (Australia) – Former international footballer, Vice President of the Asian Football Confederation, and member of the FIFA and AFC Legal Committees, Ms Dodd has championed women's rights within the game and raised global awareness about the need to bring more gender diversity into all areas of sports governance.

[Read more in the Women and Sport brochure](#) (11 pages - gives more information on each award winners, etc)

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[View the full news item](#)

The Guardian, UK (15 November 2016)

Jane Martinson: Only 1.8% of sport articles are written by women – so much for progress

The case of Rochelle Clark, England's most capped rugby player, is a salutary lesson in how men continue to dominate sports coverage in national newspapers.

Amid the acres of coverage about [England's win over South Africa in the rugby autumn test](#) last weekend, there was no mention at all of the player appearing on the international stage for the 115th time, becoming England's most-capped player in the process.

How to explain this editorial oversight, especially as the player scored the opening try in the game that made her a record-breaker? Unless of course the pronoun gives the game away: the fact that Rochelle Clark became England's most capped player with last [weekend's 12-10 win over Ireland, beating Jason Leonard's 114 caps.](#)

The 35-year's success did merit stories by the [BBC and other broadcasters](#) and the odd round-up paragraph in print. But it was easily missed in the effusive discussions of Lewis Hamilton's Formula One victory in Brazil or Gareth Southgate's strange desire to manage the England football team.

Ignoring women's sport is nothing new, but this year was meant to be different. [Women](#), lauded in the London Olympics in 2012, accounted for 48% of all the medals won by Team GB at the Rio Olympics and Paralympics this year. The hockey world cup final even delayed the 10pm news on the BBC while the Guardian put a women's football cup final on its front page.

Yet when the Guardian decided to analyse newspaper coverage during the one week a year dedicated to showcasing women's sport, it found that men still overwhelmingly dominated sports coverage in national newspapers during [Women's Sports Week.](#)

Research carried out by myself and journalist Chris Owen found that just 2% of all articles were written by women during the week while fewer than 4% of pictures featured them.

Of the 1,111 bylines published in the national print press during Women's Sport week, only 1.8% belonged to women

[View the full article](#)

Active Healthy Kids (16 November 2016)

Comparisons Across 38 Countries from 6 Continents Confirm Global Childhood Inactivity Crisis and Offer Insights for Improvement

Ottawa, ON, Canada – November 16, 2016 – For the first time, harmonized child and youth physical activity indicators across 38 countries from six continents were compared to seek solutions to increase childhood physical activity globally. The global comparisons were led by Dr. Mark Tremblay, Chair of the Active Healthy Kids Global Alliance and Director of the Healthy Active Living and Obesity Research Group at the Children's Hospital of Eastern Ontario Research Institute in Canada.

[View the full news item](#) view links to [all 38 report cards](#)

European Commission - Sport (24 November 2016)

The European Commission contributes to fight gender-based violence in sport

On this [international day for the elimination of violence against women](#) , the European Commission has published a [study on gender-based violence in sport \(4.84 Mb\)](#) . The main reason behind this study was to shed some light on a phenomenon which is not well known. Sport is just as likely as any other sectors to witness cases of gender-based violence, and yet this is seldom discussed and not many specific measures are taken that could take into consideration the specific sport environment.

This study provides an overview of the legal and policy frameworks in the Member States, describes initiatives promoted by sport organisations, identifies best practices in fighting gender-based violence in sport and makes concrete recommendations for future actions, targeting different actors, from the European Commission to the Member States and sport organisations.

The focus of the study was on the coach-athlete relationship, the entourage of the athlete (managers, doctors, physiotherapists etc.) and the peer –to-peer athlete relationship. Special attention was devoted to children and the study explicitly included violence against LGBTQI (Lesbian, Gay, Bisexual, Transexual, Queer and Intersex.) people. The study covered both elite/professional sport and grassroots sport.

One of the main difficulties encountered while researching for this study was that reliable prevalence and incidence data on this difficult topic are strikingly absent across the EU. It is therefore important to raise awareness of the problem and to assess its magnitude.

Although this study specifically adopted a broader definition of gender-based violence, the Sport unit is actively supporting the [2017 European Commission's initiative for focused actions to fight violence against women](#)

[Source of information](#)

Inside the games reports (24 November 2016)

Australian star Rolton becomes sixth woman inducted into ICC Hall of Fame

Former Australian captain Karen Rolton has been inducted into the International Cricket Council (ICC) Hall of Fame during a ceremony in Adelaide.

Rolton was presented with a special personalised cap by ICC chief executive David Richardson during the tea interval in a Test match between Australia and South Africa at the Adelaide Oval.

She became the 81st player to be inducted into the ICC Cricket Hall of Fame and the sixth woman to receive the accolade.

The 42-year-old played in 14 Tests between 1995 and 1999 and scored 1,002 runs with two centuries.

She also scored 4,814 runs with eight centuries across 141 One-Day Internationals.

She was the first recipient of the ICC Women's Player of the Year award in 2006 and was part of Australia's World Cup winning sides in 1997 and 2005.

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[View the full news item](#)

Journal of Physical Activity and Health: The Official Journal of the International Society for Physical Activity and Health. Volume 13, Issue 11, November 2016

Editor - the abstracts from the articles in this current edition to be placed on their website are now available.

[View the abstracts](#)

[And view the October 2016 edition](#)

Specific countries

AUSTRALIA

Canberra Times (31 October 2016)

Tennis coach Roger Rasheed and daughter India put spotlight on gender separation in junior sport

This is a story about children's sport. It's about rugby. It's about football. And it's also about tennis and why one darling little girl didn't get to play her tennis match last Saturday.

The huge success of the women's rugby sevens team in Rio is forcing the sport to rethink the way it's played here in Australia. From this year, boys and girls can play together in rugby teams and, after puberty, girls can continue to play with boys in exceptional circumstances. I mean, who wouldn't want Charlotte (Charlie) Caslick on their team?

Children's sport is changing and must change. The participation rate in some children's sport has gone down so dramatically that if we want children to play, it needs to be inclusive, fun and develop fitness.

Even netball is now mixed, and primary schools in the ACT are welcoming boys to their teams. And that's all fine in theory. You'd think that everyone would be on board. But sometimes it's hard for people to accept change and that's when the kids get hurt.

Saturday morning, thousands and thousands of kids are out playing sport and one of them is India Rasheed. She's nine years old and her dad Roger is one of the best tennis coaches Australia has ever seen. Remember when Lleyton Hewitt was the world No 1? That was Roger Rasheed's handiwork.

[View the full news item](#)

Australian Womensport and Recreation Association is rebranding to Women Sport Australia

The name change is aimed at adding greater clarity, understanding and recognition of its existence, purpose and mission.

There will eventually be a new logo to support the name change and rebranding and a new website at:

www.australianwomensport.com.au

Janice Crosswhite, Vice President, IAPESGW

CANADA

Inside the games reports (31 October 2016)

Van Bruggen appointed chief executive of Triathlon Canada

Experienced sports communications official Kim van Bruggen has been appointed chief executive of Triathlon Canada.

She will take up her post tomorrow to replace Tim Wilson.

Her appointment is being hailed as the start of a new era for the national governing body following the election of new President Les Pereira in January.

After starting her career as a journalist, Van Bruggen has spent the last 17 years as founding President and chief executive of Victoria-based public relations and engagement firm Acumen Communications Group.

She is also an experienced triathlete who has been competing in competitions for the last 30 years.....

[View the full news item](#)

DJIBOUTI

Beyond Sport (18 November 2106)

Young girls in far regions in Djibouti benefit from FIFA grassroots program

In an unprecedented move, Djiboutian football federation in collaboration with the world football's governing body, FIFA, has concluded a two-week long grassroots development program, this time for young girls living outside the capital.

This is for the first time in Djiboutian football history that 200 girls including some as young as 7 years of age were brought together to teach them football under the FIFA grassroots program to encourage women's involvement in the game.

Djiboutian football federation president, Souleiman Hassan Waberi launched the first phase of the program at Tadjourah soccer facility and was attended by 50 girls from Obokh region and 50 girls from Tadjourah region, while the second phase of the grassroots program for Ali Sabeih and Dihkil regions took place at the sports complex of Ali Sabeih and was attended by 100 girls, 50 from each region.

President, Souleiman Hassan Waberi, who talked to the media on Tuesday evening, thanked FIFA for helping his federation launch a successful grassroots development program for young girls, saying this was encouraging his dreams of increasing women's football involvement in his country.

.....
[View the full news item](#)

HAITI

I've added this news item for the great photograph of the happy girls....

Beyond Sport reports (10 November 2016)

Leveling the playing field with goals Haiti

In some of the villages in Haiti where GOALS works, there are no schools, no paved roads and no electricity or running water. Nearly all adults are low-literate and just 72% of children attend school. GOALS' 'Leveling the Playing Field' literacy project uses the power of sport to build locally-led literacy programming in order to create fully literate communities, improving local leadership, health and future earning potential.

GOALS uses football in Haiti to engage youth in sport, health, and education projects. By using football as a platform for development, GOALS reaches children left behind by conventional educational systems. GOALS empowers soccer coaches and players with leadership and subject-specific trainings to develop local capacity.....

[View the full news item](#)

INDIA

Inside the game reports (31 October 2016)

Indian shooter withdraws from Asian Airgun Championship in Tehran after refusing to wear hijab

India's Heena Sidhu has withdrawn from the Asian Airgun Championship in Tehran in protest at organisers making it compulsory for all female competitors to have to wear a hijab. The 27-year-old from Punjab had written to the National Rifle Association of India earlier this month to inform them of her decision and has now made her decision public.

The dress code on the official website of the tournament, due to take place between December 3 and 12, reads: "Women's clothing in the shooting range and public places is required to conform to the rules and regulations of I. R. Iran."

This has angered Sidhu, the first Indian female pistol shooter to be ranked as the world number one in an event by the International Shooting Sport Federation (ISSF).

"Forcing tourists or foreign guests to wear a hijab is not a sporting thing," she told the Times of India.

"I don't like it, so I pulled out.

"You are practicing your religion, let me practice mine.

"If you are forcing your religious beliefs on me, then I don't want to compete."

[View the full news item](#)

Beyond Sport reports (17 November 2016)

Girls empowerment programme using Netball and life skills education, transforming lives of adolescent girls throughout India

Adolescent girls account for nearly 11% of the Indian Population; most of them have limited understanding of how to protect themselves and manage the outside world.

Even though they are an important part of the development process, adolescent girls are vulnerable to range of health issues, including HIV infection, due to social norms that often restrict them from making decisions about early marriages & sexual relations. The health of these girls has an ongoing, inter-generational effect as they are the mothers and influencer of tomorrow.

Naz's Solution to the problem is addressed via the program called Goal.

In 2006 Naz India in partnership with Standard Chartered Bank piloted the Goal programme which is a women's empowerment program that works in urban communities, offering weekly sessions to adolescent girls who may or may not attend school and who are subsisting on a low family income. Goal uses the sport of netball and life skills education to transform the lives of young underprivileged girls in India, on and off the court. The curriculum focusses on educating the young women on topics including health, rights, communication, financial literacy & teamwork.

Goal's approach greatly reduces dropout rate seen in programs of other traditional NGO's that educate about these topics in a classroom style.

The Goal programme is being implemented in Delhi, Mumbai and Chennai and since inception the program has reached out to 16,543 girls.

Through its experience in Goal, Naz India has built its capacity to identify, select and train groups of girls who have shown high enthusiasm and leadership potential; these girls are groomed to become trainers for their peers, thus ensuring the sustainability of Goal, and also, helping the girls become change agents of tomorrow. Long term, Naz intends to capitalize on their ability to provide training and capacity building for other organizations.

Read more about the work Naz India does [here](#).
[Source of information](#)

KAZAKHSTAN

UNESCO (October 2016)

First Women only Race in Kazakhstan

On 30 October 2016, the city of Almaty will host a girls-only race to support women's participation in sports, with support of UNESCO's Office in Almaty.

The "Almaty Marathon" Fund and the "I love running" school, with support of the Almaty City Hall, invite girls and women to participate in the "Girl's Run 10k Almaty" race. The race is organized in the context of UNESCO's global programme on physical education and sport. Organizers of the event intend to attract a female audience to engage in mass sports and a healthy and active lifestyle.

Luina, a Kazakhstan star, popular singer and TV presenter has been appointed as Goodwill Ambassador of the "Girl's Run 10km Almaty". She is actively supporting the objectives of this event.

Winners will receive medals, certificates and gifts from partners. Memorable medals will be distributed to all participants.

The competition is open to all female representatives from the age of 16.

[Source of information](#)

NEW ZEALAND

Inside the games reports (22 November 2016)

Hockley becomes first female President in New Zealand Cricket's history

Debbie Hockley has been appointed as the first female President in New Zealand Cricket's (NZC) 122-year-history.

The former national team player was nominated for the role by Canterbury Cricket with her candidacy ratified by NZC members at a meeting in Christchurch.

She will serve a three-year term and replaces outgoing President Stephen Boock at the helm of the top-tier nation.

Fifty-four-year-old Hockley played 118 one-day internationals (ODIs) and 19 test matches for New Zealand's women.

The batting specialist scored 4,064 ODI runs, including four centuries with a top score of 117.

At test match level she scored 1,301 runs, with an unbeaten 126 her best knock alongside three other tons.

[View the full news item](#)

PAPUA NEW GUINEA

Beyond Sport reports (21 November 2016)

Papua New Guinea Volleyball and Wateraid Form a New Partnership

The sport of volleyball wants to scour Papua New Guinea searching for talent. The international charity WaterAid wants to reach remote areas with its sanitation and disease control program. They have formed an unlikely but inspiring partnership.

In many cultures, it is perhaps the greatest taboo.

An entirely natural process and a regular part of life for most women in Papua New Guinea, and yet it is robbing many of them the opportunity to participate fully in society. Some women are missing a week of school or work every month because they feel cultural pressure to be 'invisible' while menstruating.

International charity WaterAid believes it can improve the lives of those women with its Water Sanitation and Hygiene (WASH) program, which also introduces communities to a range of disease control measures.

But tackling such a taboo subject is not easy. It requires not only a frank and personal engagement from women, but a desire for change in men as well.

Enter volleyball.

At first glance an unlikely weapon in the battle for social change, but the logic is impeccable.

"All the places you go to, there is always a volleyball net and there is always two posts standing there somewhere," explains Leentje Be'soer, Volleyball Co-ordinator with the WaterAid WASH Sport for Development Program.

"You don't need a big space to tie a net. That is why I love this sport because it is accessible."

-Leentje Be'soer

It is, in other words, a place where men respect the contribution of women without question.

"On the court, the men won't say that the woman cannot play," affirms Leentje.

"They believe that the woman will be able to stop that spike. There's no discrimination within that little space."

-Leentje Be'soer

And so that space is where the conversation will start. The remote East Sepik Province is the first target region for the WASH Volleyball program, where respected players will share skills and attempt to convince locals that women need not be ostracised during their period.

[View the full news item](#)

SAUDI ARABIA

Health Club Management, UK reports (14 November 2016)

Vivafit to open 100 women only clubs in Saudi Arabia

Portuguese fitness chain Vivafit has secured a deal to open 100 women-only health clubs in Saudi Arabia.

The franchise operator has signed a contract with Saudi investment bank Ithraa Capital to fund the new sites, which will see the first 10 clubs launch in the capital city Riyadh in 2017.

In order to operate women-only clubs in the country, Vivafit needs a licence – and CEO Pedro Ruiz is confident it will secure one by the end of this year (2016).

A new company has been set up to operate the clubs – called Vivafit Saudi Arabia – which will be owned jointly by Ithraa (90 per cent) and Vivafit (10 per cent).

Exact details of club facilities are to be confirmed, but the first 10 clubs will all offer Electric Muscle Stimulation (EMS) personal training sessions.

[View the full news item](#)

UK

Inside the games reports (31 October 2016)

Gender diversity criteria included in new UK Sport governance code

Having gender diversity of at least 30 per cent is among a series of criteria included in a new Code for Sports Governance unveiled by UK Sport today.

Organisations seeking Government and National Lottery funding for sport and physical activity must meet these standards in order to be eligible.

Minimum levels of transparency, accountability and financial integrity are also detailed in a Code which is due to come in operation in April 2017.

It has three tiers and will apply to any organisation seeking funding from Sport England or UK Sport, regardless of size and sector.

This therefore includes national governing bodies representing sports, clubs, charities and local authorities.

"It is vital that our domestic sports bodies and organisations uphold the very highest standards of governance and lead the world in this area," said Britain's Sports Minister Tracey Crouch.

"We want to ensure that they operate efficiently and successfully while being transparent and representative of society.

"We have been clear that we will expect them to adhere to the new Code for Sports Governance if they are to receive public funding in the future."

[View the full news item](#)

Sporting Equals reports (week beginning 31 October 2016)

Michelle Moore Wins Prestigious PRECIOUS Award for Outstanding Woman in Sport

On Thursday 27th October 2016 in the historic surroundings of the Royal Institute of British Architects Michelle Moore was awarded The PRECIOUS Award for Outstanding Woman in Sport in the UK. Michelle was stunned to win and honoured to be amongst some brilliant women.

The PRECIOUS Awards are passionate about recognising success celebrating those women of colour in business and leadership, who demonstrate exceptional determination, innovation and entrepreneurial skills and talent.

Michelle is recognised for her outstanding work promoting equality and using sport as an agent for social change. Her strong commitment to women's sport and in particular creating leadership opportunities for women and her positive impact on the lives of many young people were also recognised as exceptional.....

[View the full news item](#)

University of Bedfordshire (3 November 2016)

University reveals a new way to teach PE

The University of Bedfordshire and [Virgin Active](#) have created a new way to approach Physical Education that will help all children embrace physical activity.

The Playmakers programme ([download full copy of the report](#)) has been created after working with 30 primary schools and 7,500 pupils across the UK over the course of a year. It shows how an approach based on physical literacy, rather than on traditional PE, is more effective in getting children active.

Rather than delivering traditional PE lessons that focus on winning, losing and sporting prowess, the pilot programme used teaching methods that encouraged pupils to harness their imaginations to learn fundamental movement skills and co-create their own PE games.

The lesson plans tested in schools over the past year include getting children to design dances based on animal movements and adventure circuits where they agree how to tackle obstacles whilst in character.

These free lesson plans are [publicly available for all teachers to use here](#).

The Active Inspiration Playmakers programme shows:

- PE sessions became more inclusive and enjoyable, particularly among unmotivated children who were least engaged with physical activity. The interactivity of the groups also helped overcome previous divisions based on ability.
- Giving children the opportunity to collaborate and create their own games led to improvements in other skills, such as leadership, self-sufficiency, and creativity. This had

a positive knock-on impact on how the pupils were interacting with each other and their ability to easily resolve disputes.

- Teachers could step into more of a facilitating role rather than a leading role in these kinds of PE sessions, with children taking ownership of their physical activity and individual accountability.
- There was a significant boost in teacher confidence and their ability to motivate children to engage in PE: particularly crucial as schools look to incorporate the Childhood Obesity Plan's recommendation for more activity into the new academic year. Virgin Active and the University of Bedfordshire are now calling for these techniques to be applied to PE lessons across the UK, to ensure that physical literacy is at the heart of the Government's 30 minute a day policy.

[View the full news item](#)

The report...

Active Inspiration Playmakers: Final Report November 2016. Virgin Active and University of Bedfordshire, November 2016 (43 pages)

The objectives:

- Address the issue of very limited Physical Education training for primary school teachers.
- Put physical literacy at the heart of school education through a unique combination of our expertise in junior fitness with the University of Bedfordshire's knowledge of Physical Education and sport instruction.
- Involve all pupils in Physical Education – showing that by doing things differently, it's possible to give children a positive experience of physical activity early on.
- Create a workable programme that is simple to implement, ensuring know-how is truly learnt by primary school teachers.

[Download a copy](#)

News UK (7 November 2016)

Sunday Times - Sportswomen of the Year Award 2016 shortlists

The shortlist of finalists have been confirmed for The Sunday Times Sportswomen of the Year Awards 2016 in association with Vitality. Six leading contenders have been shortlisted for the prestigious Sportswoman of the Year accolade.

The Awards, now in their 29th year, have led the way in recognising and celebrating the outstanding contribution to sport made by elite athletes, coaches, administrators, community volunteers and inspirational women.

On the evening of Thursday, December 8, the Awards will take place at the News UK headquarters in London Bridge.

The top-six shortlisted for the Sunday Times Sportswoman of the Year award include the following outstanding women: Nicola Adams (boxing); Charlotte Dujardin (equestrian); Jade Jones (taekwondo); Johanna Konta (tennis); Dame Sarah Storey (track/road cycling); Laura Trott (track cycling)

[View the full news item](#)

Also...

BT Sport Action Woman Awards 2016 - voting now open

The BT Sport Action Woman Awards celebrates the achievements of incredible and inspiring female athletes. The 2016 awards will be the most competitive ever after Team GB's extraordinary performance in Rio, and this year's ceremony includes two new categories - Lifetime Achievement, and Team of the Year, as well as the public vote for Action Woman of the Year.

Voting opens on November 5 and closes December 5. The ceremony will be live on BT Sport 1 on Monday December 12.

[View the details](#)

Rugby Football Union (16 November 2016)

Referee Daniels to make rugby history

- Daniels to be assistant referee at Sandy Park
- Earlier this season was fourth official in Premiership

For the second time this season, match official Clare Daniels is set to make history – and this time it will come at Sandy Park on Sunday.

Daniels became the first-ever female fourth official in Premiership Rugby history back in September when Exeter Chiefs beat Bristol Rugby at Ashton Gate, and she returns to the south west this weekend to officiate as Cardiff Blues descend on Sandy Park for an Anglo-Welsh Cup clash.

That will make her the first the first female assistant referee in a Premiership Rugby match, having already racked up the most caps ever as a referee in women's Test matches.

The former Bath Chronicle sports writer has now been a match official development officer for the RFU for six years but Daniels concedes she has exceeded even her wildest expectations on the pitch since then.....

[View the full news item](#)

A case study of possible interest...

Us Girls Euro Festival 2016 University of Gloucestershire: Post festival case study.

University of Gloucestershire, summer/autumn 2016 (9 pages)

A post event case study from the Us Girls Euro 2016 Football Festival, held at the University of Gloucestershire.

[Download a copy](#)

USA

Inside the games reports (8 November 2016)

Female bid leaders promise Los Angeles 2024 would prioritise gender equality

International Olympic Committee (IOC) Executive Board members Anita DeFrantz and Angela Ruggiero have vowed to further the influence of women in sports through Los Angeles 2024.

The two American women claim to have been inspired by last night's Women in Sport awards here in which those to have contributed to sporting gender equality were honoured.

They cited the "remarkable performances of Team USA's female athletes at the Rio 2016 Olympic and Paralympic Games as evidence that an American Games in 2024 can provide an unprecedented platform for female athletes from around the world to achieve their goals, in sport and in life".

This comes on election day in a US Presidential election in which gender has been a bitter part of the battle between Hillary Clinton and Donald Trump.

"Of course we are proud of Team USA's woman Olympians and Paralympians, but what is even more encouraging is that US women are part of a growing trend driven by the work of the IOC," said DeFrantz, who is Los Angeles 2024's senior advisor for legacy.

"The progress we have seen in recent years is tremendous; now we believe that LA 2024 can be the Olympic Movement's best partner for continuing this vital process of transformation.

"For us, equality is not just a case of evening up the numbers: it is about respect, opportunity and aspiration.

"The United States has had and will continue to have a big role to play worldwide in supporting the rights of women in sport and in society."

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